

Entertainment & Events

AT A GLANCE



The following events happen weekly:

Chair Volleyball
Sundays at 3:00pm

Yoga with Howie
Mondays at 9:30am

Balance and Strength
Monday-Friday at 10:00am

Aqua Aerobics
Mondays, Wednesdays and Fridays at 11:00am

Creative Threads
Mondays at 1:00pm

Aqua Range of Motion
Tuesdays and Thursdays at 9:00am

Tai-Chi
Tuesdays and Thursdays at 11:00am

Boys of Cypress
Wednesdays at 8:15am

Cardio Fusion
Wednesdays at 9:00am

Happy Hour
Wednesday-Friday at 5:00pm

● March 1 – 3

Heritage Healthcare
Thursday, March 1 at 11am
Art Studio

Express and Reflect Art Group
Friday, March 2 from 1:30-3pm
Art Studio

Dvořák's Cello Concerto (NC Symphony)
Friday, March 2 from 1:30-3pm
Depart 7pm

● March 4-10

The Rise of Hitler, Dunkirk, and The Battle of Britain
Monday, March 5 at 7:30pm
Ballroom

Introduction to Acupuncture Presentation
Tuesday, March 6 at 11am
Ballroom

Great Decisions
Wednesday, March 7 at 4pm
Ballroom

Women's Bible Study
Thursday, March 8 at 11am
Villa A Parlor with Group from White Memorial

Bolero (Carolina Ballet)
Thursday, March 8
Depart 7pm

Coffee & Conversation with Shane
Friday, March 9 at 9:30am
Villa A Parlor

"Timeless" with Rick Saunders
Friday, March 9 at 7:30pm
Ballroom

● March 11-17

The Turning of the Tide: Stalin v. Hitler, North Africa, and Italy
Monday, March 12 at 7:30 pm
Ballroom

Dinner at The Royale Restaurant
Tuesday, March 13
Depart 4:45pm

Podiatrist Services
Wednesday, March 14

Coffee & Conversation with Shane
Wednesday, March 14 at 9:30am
Villa B Parlor

Hot Horns
Wednesday, March 14 at 7:30pm
Ballroom

The Wizard of Oz (NC Theatre)
Thursday, March 15
Depart 6:30pm

Down East Hearing
Friday, March 16 at 11am
Ballroom

A Celtic Celebration
Friday, March 16
Depart 7pm

● March 18-24

D-Day: The Most Important Day in the 20th Century
Monday, March 19 at 7:30pm
Ballroom

Razmatazz (rescheduled)
Tuesday, March 20 at 7pm
Ballroom

Coffee & Conversation with Shane
Wednesday, March 21 at 9:30am
Villa C Parlor

Caregiver Support Group
Wednesday, March 21 at 4pm
Oaks

Spring Fling Dance
Wednesday, March 21 from 7pm-9pm
Ballroom

Fountains & Pines of Rome (NC Symphony Friday Favorites)
Friday, March 23
Depart 10:15am

Fountains & Pines of Rome (NC Symphony Classical)
Friday, March 23
Depart 7pm

Tour of Art in Bloom at the NC Museum of Art
Saturday, March 24
Depart 1:45pm

● March 25-31

Holy Name of Jesus Cathedral
Tuesday, March 27
Depart 1:15pm

Coffee & Conversation with Shane
Wednesday, March 28 at 9:30am
Cottage Members - Emerald Room

My Smart Grandkids
Wednesday, March 28 from 3:30-4pm (discuss password management tools)
4-5pm (open help session)
Art Studio

Ceramic Class
Wednesday, March 28 at 1:30pm
Art Studio

Heart & Vascular Screenings
Friday, March 30 from 8am-1pm
Ballroom

Mary Mikels
Friday, March 30 at 7:30pm
Ballroom

NC Railroad Exhibit
Saturday, March 31 from 10am-4pm
Ballroom